

PINCH HITTER

BULLPEN PITCHING DUMMY

SCAN ME



[VIDEO GUIDE](#)



Parts and Hardware List

Label	Amount	Name
A	1	Upper Torso Panel
B	1	Mid-Section Connector
C	1	Leg Panel
D	1	Base Assembly
E	4	Base Mounting Bolts
F	6	Mid-Section Connector Bolts
G	1	Allen Key

Safety Guidelines:

- Always ensure the stability base is placed on a flat, stable surface to prevent the dummy from tipping during pitching drills.
- Pitchers and catchers should stand at proper training distance. Avoid standing too close to the dummy to reduce the risk of ricocheted balls or unexpected rebound angles.
- Check the mid-section connector (belt/bracket) and all mounting hardware before each session. Tighten any loose screws or bolts to prevent separation during impact.
- Avoid outdoor use during strong winds or on uneven surfaces, as the dummy may shift or fall, posing a hazard to players and staff.



CAUTION

No equipment can guarantee protection from injury during sports, and this device provides no such assurance.

Catchers must wear **full protective gear** to reduce the risk of injury.

- Helmet with face mask
- Chest protector
- Leg guards

Assembly

1 POSITIONING THE LEG PANEL ON THE BASE ASSEMBLY



Flip the Leg Panel (C) upside down and place the Base Assembly (D) on top of it, aligning the bottom mounting hole with the base bolt. Make sure the long side of the base assembly faces forward.

2 ATTACH THE LEG PANEL TO THE BASE ASSEMBLY



Insert the Base Mounting Bolts (E), finger-tighten them first, then fully tighten using a wrench.

3 INSTALL THE MID-SECTION CONNECTOR TO THE LEG PANEL



Flip the Leg Panel with the leg assembly right-side up. Place the Mid-Section Connector (B) across the joint. Insert and tighten 3 Connector Bolts (F) to the Leg Panel (C).

4 CONNECT THE TORSO AND LEG PANELS



Place the Upper Torso Panel (A) above the Leg Panel (C), aligning the connection points. Insert and tighten the remaining Connector Bolts (F) through the bracket and into the Upper Torso Panel (A).

5 OPTIONAL: SECURING THE BASE WITH WEIGHTS

Standard weight plates can be easily added to the Base Assembly (D) to provide necessary stability, preventing the pitching dummy from moving or tipping during training. *Note: Weights not included.*

